



## In order to support your Recovery STARS provides:

- Medical assessment
- OST – Opiate Substitute Treatment
- Health MOTs and vaccinations
- Community detox, Inpatient detox
- Residential rehab assessment and referral
- Therapeutic interventions
- One-to-one key working
- Recovery planning and coaching
- Group work opportunities
- Complementary therapies eg acupuncture
- STARS Recovery Programme – Wycombe
- STARS Recovery Programme Lite – Aylesbury
- Family and Carer support as part of the care planning process
- Access to the Oasis Republic Recovery Network.

## Benefits of recovery?

- Your Recovery is individual to you and STARS will support you to achieve your recovery goals'
- Your recovery plan will be suited to your needs at each stage of your recovery journey
- STARS offers a wide range of varying treatment options including detox and access to rehab
- Access to the Recovery Network
- Recovery enables you to take back control of your health and wellbeing
- Recovery promotes stability, not just for you but for your loved ones too.

High Wycombe Service:  
**01494-898480**

Aylesbury Service:  
**01296-338008**

Chesham Service:  
**01494-898480**



This document is produced in line with NICE guidelines and SSSFT policies



# STARS Prescribing guidelines for service users





STARS is **not** only a prescribing service. To support your Recovery we do not prescribe in isolation away from other structured interventions:

Prescribing should be part of individualised Recovery plans which may include 1-to-1 key working, group work and accessing mutual aid (AA, NA, SMART Recovery).

All service users are allocated a Recovery Keyworker who will support you achieving your Recovery goals.

## Keeping you Safe!

- Scripts will only be left for collection in certain situations following discussions with your keyworker
- You will be expected to see your Recovery Worker at least monthly and a STARS prescriber at least every 12 weeks or more
- You will have a clear pharmacy agreement in place and will be expected to follow this
- Holiday prescriptions will be considered with at least 7 days notice
- STARS will not prescribe unless we have your consent to share medical information with your GP
- STARS will expect you to provide random urine samples for drug screening
- We expect you to keep any prescribed medication safe, where suitable using a STARS free lockable box. If safe storage is not guaranteed, STARS will prescribe daily supervised consumption at the pharmacy.

**If you can not follow this process, then STARS may not be able to prescribe to you, as we can not ensure safety and support your Recovery.**



## Prescription Management Process

If service users are not involved in their treatment and are attending for collection of prescriptions only, then the process below will be followed to reduce risk.

- Increased pharmacy collections
- Restart supervised consumption
- Increased frequency of Recovery appointments
- Automatic Reduction of prescribed dose
- Discharge from STARS.